1:Arensberg & Kimball E-5 (1932-1934) 1940
ER6 Rural Irish ER6
County Clare

direction until his father dies or makes over the farm to him at his marriage.

If economic apprenticeship is also a process of conditioning within the family, so likewise the direction of economic enterprise coincides with the dominant and controlling role of the parent within the family. The son is subordinated in both spheres to his parents, particularly the father. Rather, the spheres are one.

For the child grows up within the full complex of life within the family. The petty errands which constitute his first steps in farm work are a mere incident in the conditioning he receives and the relationships he builds up with his fellows. He develops the sentiments of affection and dependence upon his mother and the other family members in those years in the care and attention he receives at their hands. He learns the code of conduct which constitutes the folkways of his group and the reciprocal relations within his family in a gradual process of training over years. This conduct ranges from the errands he runs for family members superordinate to him, to the learning of his prayers and the development of the sentiments which make of sexual behavior of any kind an offense and of that within the family, incest.

Thus the same landmark in his life which marks his beginning to do the minor chores of farm work after six or seven marks a change of his life within the household, for thereafter he sleeps with his brothers and the separation which begins to take him from his sisters in work and play now separates them within the household.

Later his sharing of chores with his brothers in farm work is again merely incidental to his long years of life with them. By the same token the commanding position which the father (and the mother) exercise over him in farm work is but one aspect of their control. We shall have occasion to see in a later section how this dominance expresses

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

Despite sexual repression and the complaints of wives about large families, children are much desired by parents, and the fertility rate in Inis Beag is extremely high. An examination of 109 marriages between 1891 and 1960 reveals that the average number of offspring per couple is 6.4 (7.2 for marriages in which the wife has passed the menopause); this figure excludes spouses who are barren. The range in family size is between 1 and 16 offspring, and 18 of the 109 marriages have produced 7 children—the modal unit. Today, 6 couples are childless and as a result are "pitied" by their neighbors, who hold that it is the females who are sterile. At least 2 women, to my wife's knowledge, have been examined by obstetricians on the mainland and been found fecund; but they have been unable to persuade their spouses of the medical fact or get them to consult the doctors themselves. Men are anxious about their own maleness, as evidenced in the ability to produce offspring in this case, and have an eye to aid in their labors and to descent, succession, and inheritance. Women desire children, in part, to compensate for the lack of attention and affection from their mates.

Most of the enculturation during infancy and childhood in Inis Beag is done by mothers, as men are away much of the time and, if at home, "don't like to mind the kids." Mothers favor their sons, whom they "overprotect" and to whom they give "seductive" care. In the process of childrearing, sexual interest is first elicited and then blocked by punishing its behavioral manifestations. As a result of the mother's close ties to the male child, the father often is alienated from familial interaction, is hostile toward the youth, and fails to become a source of firm masculine attachment. Disliking to fulfill the responsibilities of enculturation and often in conflict with both his wife and male offspring, the father forces his mate to project herself into her role as childrearer to gain solace, and thus the cycle repeats itself. Although fathers tend to favor their daughters, their desire to "escape" the home discourages a pronounced Electra complex from arising. The bond between mother and son is so binding that it is not infrequent for marriage to be postponed after the death of the father, and the son to work the holding for his widowed mother until he has reached the age of confirmed bachelorhood. "This is also the basis for the conflict between mother-in-law and daughter-in-law that is quite intense in Ireland, the prospect of which leads so many sons to refuse 'to bring another woman in on my mother'" (Humphreys 1965:246).

Within marriage, husbands tend to relate themselves to their wives as they have to their mothers when single. The wife is the "strong" person in the household, on whom the husband is emotionally dependent even when their relationship is one of mutual withdrawal and uncooperativeness. In most households, the wife shares at least equally in decision-making, and in many the husband bows to his spouse's decisions, not only in minor matters but in affairs of utmost importance to the family and those relating to activities normally within the male sphere, such as farming. It is the wife who invariably handles the money in the household. Freudians would see the influence of the mother image in the realm of sex: the rarity of conjugal love, the lack of sexual foreplay marked by little or no concern with the female breast, the brevity of the coital act and the frequent spurning of the woman following it, the need to degrade the female in the sexual act, and the

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

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772 parts fashioned by human hands. A valley in Inis Thiar is believed to have been created by such a ship passing over the island, "with a great roar and blowing of
[173] wind." According to Celtic tradition, souls not only transmigrated to the Land of
[825] Youth but became reincarnated on earth or embodied in animals through metempsychosis. The belief in reincarnation appears not to have persisted in Inis Beag, but seals sometimes are thought to be repositories of souls; those creatures so possessed look and act human and attach themselves to fishermen who have aided or harmed them, and whose *curach* they will pursue relentlessly. I was told by an old man of a seal that he had cursed at sea for fouling his net, which later followed in his wake for many miles glaring with rage, and finally pursued him 30 feet onto the strand as he and his frightened mates carried the canoe hurriedly to its cot.

Religion and Personality

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771 It is appropriate here to assess the basic personality structure of Inis Beag islanders, since traits such as sexual puritanism, hypochondria, depression, masochism, conformism, and ambivalence toward authority are linked causally with religion in a very direct manner. Other personality characteristics, already or yet to be considered, which are more peripheral to religion include secretiveness, envy and jealousy, dogmatism, indolence, feelings of inferiority, and verbal skill.

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831 Probably the most prominent trait of Inis Beag (and Irish) personality is sexual puritanism. Its etiology is complex and much debated, but appears to embrace most significantly historical (such as the influence of ascetic monasticism and Jansenism), sociocultural (such as the Oedipus complex and male solidarity), and psychological (such as masochism) variables. How long it has been a major component of Irish national character is conjectural, for it is impossible to appraise with accuracy Irish society, culture, and personality prior to the nineteenth century.
[174] Sexual attitudes and behavior in Celtic, medieval, and early modern times can be surmised only from tangential and questionable sources; depending on which sources are quoted, as good a case can be made for sexual puritanism as its opposite before 1800.

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834 The inculcation of sexual puritanism in Inis Beag must be examined in three contexts: informal social controls of the curate and those imposed by the islanders on themselves, the influence of visiting "missions," and enculturation in the home. The first of these has been taken up at length in the last chapter. Suffice it to say here, some folk (especially certain youths who consider themselves "worldly") resent the intrusions of priests and neighbors into their sexual lives. They ask what right have young, virginal, inexperienced, and sexually unknowledgeable curates to give advice and pass judgments in this sphere. Equally resented are those persons who hide themselves in the darkness or behind fences to overhear the conversations of passersby, which may pertain to sexual matters, and those who maintain close scrutiny of visitors during the summer, both day and
831 night, in order to discover them in "compromising" situations. Sexual rumors run
203 rife in the island, such as those concerning the "nude" sunbathing of mainland
[609] girls (bared shoulders and lower thighs) and the "attacks" on them at night by

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

boys and young men (attempts to hold their hands or kiss them, while under the influence of stout). Over a dozen efforts on the part of my wife and me to determine the truth behind the most pernicious rumors of this genre revealed sexual phantasy at their core in every case.

Church influence also is exerted through missions which come to Inis Beag every three to five years. On these momentous occasions, two Redemptorist priests (usually, but also Franciscans, Dominicans, and Passionists) spend a week in the island, where they conduct mass each morning and preach long sermons in the chapel every afternoon or early evening. Everyone—even old people and mothers with newborn infants—is urged to attend to receive the "blessings of the mission;" to some this means gaining time out of Purgatory for themselves or a deceased kinsman, while to others absence carries with it the penalty of damnation. A mission usually has a theme whose variations are explored with high emotion and eloquence by the visiting priests in their exhortations. The most common theme is "controlling one's passions," but abstaining from intoxicating drink and maintaining the faith as an emigrant also are addressed. Collections are made by children to support the endeavor, and a list of contributors and their donations is displayed publicly. It is said that a mission creates an emotionally charged atmosphere in the island which continues for weeks after the departure of the clerics.

The seeds of repression are planted early in infancy by parents through instruction supplemented by rewards and punishments, conscious imitation, and unconscious internalization. Although mothers bestow considerable attention and affection on their offspring, particularly on their sons, physical love as manifested in intimate fondling and kissing is rare in Inis Beag. Verbal affection comes to supplant contact affection by the time that the child can walk. Any forms of direct or indirect sexual expression—masturbation, mutual exploration of bodies, use of either standard or slang words relating to sex, and open urination and defecation —are punished severely by word and deed. Care is taken to cover the bodies of infants in the presence of their siblings and outsiders, and sex never is discussed before children of any age. Separation of the sexes starts within the family among siblings in early childhood, and is augmented by separation in almost all segments of adolescent and adult activity. Brothers come to associate mostly with brothers, and sisters with sisters, at play in and near the cottage, traveling to and from school, and in the chapel. Boys and girls are separated to some extent in classrooms and completely in play at recess. During church services, there is a further separation of adult men and women, as well as boys and girls, and each of the four groups leaves the chapel in its turn. Even on the strand during summer months, male tourists and vacationing emigrants tend to bathe at one end and women at the other; some swimmers change into bathing suits there, under towels and dresses "daringly"—a custom practiced elsewhere in Ireland which bespeaks of sexual catharsis.

Parents and their school age offspring read the popular religious journals found in most homes, and many of the articles therein deal with sexual morality of the Irish Catholic variety. Several times my wife inadvertently inquired as to whether or not certain women were pregnant, using that word before children, only to be "hushed" or to have the conversations postponed until the young people could

16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

124 831 855 be herded outside; even then the adults were so embarrassed by the term that they found it difficult to communicate with her. One steamer day she aroused stupefaction among a group of men on the strand when she tried—unsuccessfully—to identify the gender of a bullock about to be shipped off.

831 • 864 Lack of sexual knowledge and the prevalence of misconceptions about sex combine to brand Inis Beag one of the most sexually naive of the world's societies. Only three mothers admitted giving sexual instructions, briefly and incompletely, to their daughters. It is said that boys are better advised than girls, but that the former learn about sex informally from older boys and men, and from observing animals covertly. Most islanders who were questioned about how sexual knowledge is imparted to youths expressed the belief that "after marriage, nature takes its course," thus negating the need for anxiety creating confrontations of parents and offspring. I was unable to discover any cases of childlessness in Inis Beag based on sexual ignorance of spouses, as have been reported from other regions of peasant Ireland.

841 886 [123] Menstruation and the menopause arouse profound misgivings among women of the island, because few of them comprehend their physiological significance. My wife was called on by perplexed women to explain these processes more than any other phenomena related to sex. When they reach puberty, most girls are unprepared for the first menstrual flow and find the experience a traumatic one, especially when their mothers are unwilling or unable to explain it satisfactorily. 886 828 It is commonly believed that the menopause can induce insanity; in order to ward it off, some women have retired from life in their mid-forties and, in at least three contemporary cases, have confined themselves to bed until death years later. Yet the harbingers of "madness" are simply the physical symptoms announcing the menopause, which in Inis Beag include migraine headaches, hot flashes, faintness in crowds and enclosed places, and severe anxiety. Sometimes women who have not yet reached the menopause or have passed it and who fear becoming mentally ill from other causes will experience these symptoms in their anticipatory role playing.

833 [793] [832] As to sexual misconceptions, the folk share with most Western peoples the belief that men by nature are far more sexually disposed than women. The latter are informed by the curate and in the home that sexual relations with their husbands are a "duty" which must be "endured," for to refuse coitus is a mortal sin. Women frequently affix the guilt for male libidinal strivings on the enormous intake of potatoes by their spouses (Among the Anang of Nigeria, men fear the excessive sexual demands of their wives and place the blame on clitoridectomy.). Asked to compare the sexual proclivities of Inis Beag men and women, one woman said, "Men can wait a long time for 'it,' but we can wait a lot longer." There is much evidence to indicate that the female orgasm is unknown or not experienced (or considered a deviant response not to be divulged). A middle-aged bachelor, who considers himself wise in the ways of the outside world and has a reputation for making love to willing tourists during the summer, described the violent bodily reactions of a girl to his fondling and asked for an explanation; when told the "facts of life," he admitted not knowing that women also could achieve climax, although he was aware that some of them apparently enjoyed lovemaking. Inis Beag men

17: Messenger E-4,5 (1958-1966)1971 ER6 Rural Irish ER6
Inis Beag

arose partly out of our desire to alleviate distress and not solely to collect information. We had performed the same role seven years earlier among primitive Nigerians, and for similar reasons. However, the Africans were uninhibited, talked freely with us about sex, and were not offended by what we subsequently wrote.

Another important source of information on sex was the island nurses, who supplied us with accounts of their own observations over an eight-year period and gave us access to pertinent medical records. My wife and I believe that our information is, for the most part, reliable, but that some of it may well be erroneous. This report will, we are afraid, offend and alienate some of our Inis Beag friends, for whom we hold deep affection; they do not comprehend the aims and values of anthropology and may regard our reporting of sexual beliefs and behavior as a breach of friendship and trust. Certainly our findings will be denied by many Irish readers.

More than any other type of research, culture and personality investigations are needed in Ireland today. Social and cultural anthropologists, rural sociologists, folklorists, and geographers in small numbers have managed to describe and analyze the major sociocultural forms of the Irish folk, but personality generalizations, by and large, have been the by-products of research into other areas and have tended to be impressionistic. Some of the most penetrating studies of Irish character have been made "at a distance" and through the analysis of projective systems and narrow units of culture, such as drinking patterns (Bales 1962). Some Irish writers—"intuitive anthropologists" I call them—also have had insightful things to say about Irish character (usually at a distance too, from church and state). What is sorely needed is a holistic community study done by a culture and personality specialist—a person skilled not only in ethnography, social psychology, and psychiatry (and able to administer projective tests), but well versed in Irish history, literature, and contemporary affairs as well.

SEXUAL REPRESSION: ITS MANIFESTATIONS

Both lack of sexual knowledge and misconceptions about sex among adults combine to brand Inis Beag as one of the most sexually naive of the world's societies.

831 the world's societies. Sex never is discussed in the home when children
• 864 are about; only three mothers admitted giving advice, briefly and incompletely, to their daughters. We were told that boys are better advised than girls, but that the former learn about sex informally from older boys and men and from observing animals. Most respondents who were questioned about sexual instructions given to youths expressed the belief that "after marriage nature takes its course," thus negating the need for anxiety-creating and embarrassing personal confrontation of parents and offspring. We were unable to discover any cases of childlessness based on sexual ignorance of spouses, as reported from other regions of peasant Ireland. Also, we were unable to discover knowledge of the sexual categories utilized by researchers in sex: insertion of tongue while kissing, male mouth on female breast, female hand on penis, cunnilingus, fellatio, femoral coitus, anal coitus, extramarital coitus, manifest homosexuality, sexual contact with animals, fetishism, and sado-masochistic behavior. Some of these activities may be practiced by particular individuals and couples; however, without a doubt they are deviant forms in Inis Beag, about which information is difficult to come by.

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841 Menstruation and menopause arouse profound misgivings among
[886] women of the island, because few of them comprehend their physiological
[123] significance. My wife was called on to explain these processes more than any other phenomena related to sex. When they reach puberty, most girls are unprepared for the first menstrual flow and find the experience a traumatic one—especially when their mothers are unable to provide a satisfactory explanation for it. And it is commonly believed that the menopause can induce "madness"; in order to ward off this condition, some women have retired from life in their mid-forties and, in a few cases, have confined themselves to bed until death, years later. Others have so retired as a result of depressive and masochistic states. Yet the harbingers of "insanity" are simply the physical symptoms announcing the onset of menopause. In Inis Beag, these include severe headaches, hot flashes, faintness in crowds and enclosed places, and severe anxiety. Mental illness is also held to be inherited or caused by inbreeding (or by the Devil, by God punishing a sinner, or by malignant pagan beings) and stigmatizes the family of the afflicted. One old man came close to revealing what is probably the major cause of neuroses and psychoses in Ireland, when he explained the incarceration of an Inis Beag curate in a mental institution for clerics as caused by his constant association with a pretty housekeeper, who "drove him mad from frustration." This elder advocated that only plain-appearing older women (who would not "gab"

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17: Messenger E-4,5 (1958-1966)1971 ER6 Rural Irish ER6
Inis Beag

to "our man") be chosen for the task. Earlier, according to island opinion, the same priest had caused to be committed to the "madhouse" a local man who publicly challenged certain of his actions. The unfortunate man was released six months later, as per law, since he was not mentally ill.

Sexual misconceptions are myriad in Inis Beag. The islanders share with most Western peoples the belief that men by nature are far more libidinous than women. The latter have been taught by some curates and in the home that sexual relations with their husbands are a "duty" which must be "endured," for to refuse coitus is a mortal sin. A frequently encountered assertion affixes the guilt for male sexual strivings on the enormous intake of potatoes of the Inis Beag male. (In Nigeria, among the people whom my wife and I studied, women are thought to be more sexually disposed than men and are the repositories of sexual knowledge; it is they who initiate coitus and so pose a threat to their spouses. Nigerian men place the blame on clitoridectomy performed just prior to marriage.) Asked to compare the sexual proclivities of Inis Beag men and women, one mother of nine said, "Men can wait a long time before wanting 'it,' but we can wait a lot longer." There is much evidence to indicate that the female orgasm is unknown—or at least doubted, or considered a deviant response. One middle-aged bachelor, who considers himself wise in the ways of the outside world and has a reputation for making love to willing tourists, described one girl's violent bodily reactions to his fondling and asked for an explanation; when told the "facts of life" of what obviously was an orgasm, he admitted not realizing that women also could achieve a climax, although he was aware that some of them apparently enjoyed kissing and being handled.

Inis Beag men feel that sexual intercourse is debilitating, a common belief in primitive and folk societies. They will desist from sex the night before they are to perform a job which will require the expenditure of great energy. Women are not approached sexually during menstruation or for months after childbirth, since they are considered "dangerous" to the male at these times. Returned "Yanks" have been denounced from the pulpit for describing American sexual practices to island youths, and such "pornographic" magazines as *Time* and *Life*, mailed by kin from abroad, have aroused curates to spirited sermon and instruction.

The separation of the sexes, started within the family, is augmented by separation in almost all segments of adolescent and adult activity. Boys and girls are separated to some extent in classrooms, and completely in

JOHN C. MESSENGER

recess play and movement to and from school. During church services, there is a further separation of adult men and women, as well as boys and girls, and each of the four groups leaves the chapel in its turn. The pubs are frequented only by men or by women tourists and female teachers who have spent several years on the mainland while training and thus are "set apart" (and, of course, by inquisitive female ethnographers). Women occasionally visit the shops to procure groceries, but it is more common for them to send their children to do so, since supplies and drinks are proffered across the same counter, and men are usually to be found on the premises. Even on the strand during summer months, male tourists tend to bathe at one end and women at the other. Some swimmers "daringly" change into bathing suits there, under towels and dresses—a custom practiced elsewhere in Ireland which has overtones of sexual catharsis.

It is often asserted that the major "escape valve" of sexual frustration among single persons in Ireland is masturbation; frustration-aggression theorists, however, would stress the ubiquity of drinking, alcoholism, disputes, and pugnacity as alternative outlets. Pugnacity can also be linked to the widespread problem of male identity. Our study revealed that male masturbation in Inis Beag seems to be common, premarital coitus unknown, and marital copulation limited as to foreplay and the manner of consummation. My wife and I never witnessed courting—"walking out"—in the island. Elders proudly insist that it does not occur, but male youths admit to it in rumor. The claims of young men focus on "petting" with tourists and a few local girls, whom the "bolder" of them kiss and fondle outside of their clothing. Island girls, it is held by their "lovers," do not confess these sins because they fail to experience pleasure from the contact. The male perpetrators also shun the confessional because of their fear of the priest.

We were unable to determine the frequency of marital coitus. A considerable amount of evidence indicates that privacy in the act is stressed and that foreplay is limited to kissing and rough fondling of the lower body, especially the buttocks. Sexual activity invariably is initiated by the husband. Only the male superior position is employed; intercourse takes place with underclothes not removed; and orgasm, for the man, is achieved quickly, almost immediately after which he falls asleep. (I must stress the provisional nature of these data, for they are based on a limited sample of respondents and relate to that area of sexual behavior least freely discussed.)

Many kinds of behavior disassociated from sex in other societies,

17: Messenger E-4,5 (1958-1966)1971 ER6 Rural Irish ER6
Inis Beag

chism? Ussher addresses his remarks more directly to the sexual implications of Jansenism.

Certainly the puritanic bias of the Church in Ireland surprises visitors from other Catholic communities. It is often said that Irish schools and seminaries in the last century were infected with the remnants of Jansenism. . . . The dismal fact remains that Irishmen tend to regard procreation as a shameful necessity, and Irish girls grow up to think of sex as something dark, cold, and forbidding. Statistics are scarcely available, but it seems to me that the word "dirty" is used in modern Ireland in one sense only, namely, to cover every manifestation, even the most natural, of sex passion. . . . Irish married couples seldom give the impression of being biologically satisfied or even awakened; and if they are not, it may partly account for the slovenly, listless, don't care rather than devil-may-care quality of Irish life—the "spit" but never the "polish" (O'Brien 1953: 161–162).

It is interesting to note that Ussher, an Irishman, uses the word "puritanic." I have been severely criticized by Irish readers for using it in this and previous works, since it refers to an English religious movement as well as Cromwell's party.

The editor presents an equally down-to-earth pronouncement of the effects of Jansenism.

Here Father Murphy has singled out a factor of enormous importance in explaining the grotesque proportion of bachelors and spinsters among the Irish: the typical Irish attitude toward marriage, which, as he and many other priests have suggested, would seem to have an underlying touch of Jansenism. That attitude looks upon marriage and sex as rather regrettable necessities in the propagation of the race: it would have been much better if God had arranged for offspring in some other way. Irish parents shy away from the distasteful task of lifting the veil upon this earthy, unappetizing, and somewhat unclean subject (O'Brien 1953: 105).

The plea for a less "distasteful" manner of reproduction was actually voiced by several Inis Beag women; and most island parents do not lift the "veil," in part because of their own ignorance of sexual matters.

The impact of the Oedipus complex on Irish character has been explored by cultural analysts and writers almost from the time Freud first conceptualized the phenomenon. Indeed, Freud might have been describing Ireland rather than a particular class in Austria at the turn of the century (just as Marx might have had Ireland in mind when positing religion as the opiate of the oppressed masses). Two recent con-

their exhortations. The most common theme is "controlling one's passions," but two others have often been addressed in the missionizing effort: abstaining from intoxicating drink and maintaining the faith as an emigrant. Collections are made by children to support the endeavor, and a list of contributors and their respective donations is displayed publicly. This technique of social control is also used by the curate at the several yearly offerings. A mission creates an emotionally charged atmosphere on the island, which continues for weeks after the departure of the clerics.

The seeds of repression are planted early in childhood by parents and kin through instruction supplemented by rewards and punishments, conscious imitation, and unconscious internalization. Although mothers bestow considerable affection and attention on their offspring, especially on their sons, physical love as manifested in intimate handling and kissing is rare in Inis Beag. Even breast feeding is uncommon because of its sexual connotation, and verbal affection comes to replace contact affection by late infancy. Any form of direct or indirect sexual expression—such as masturbation, mutual exploration of bodies, use of either standard or slang words relating to sex, and open urination and defecation—is severely punished by word or deed. Care is taken to cover the bodies of infants in the presence of siblings and outsiders, and sex is never discussed before children. Several times my wife inadvertently inquired as to whether particular women were pregnant, using that word before youths, only to be "hushed" or to have the conversation postponed until the young people could be herded outside. The adults were so embarrassed by the term that they found it difficult to communicate with her after the children had departed. She once aroused stupefaction among men on the strand when she attempted unsuccessfully to identify the gender of a bullock about to be shipped off.

It is in the home that the separation of sexes, so characteristic of Inis Beag life, is inaugurated among siblings in early childhood. Boys and girls in the family remain apart not only when interacting with the parent of the same sex at work, but when playing in and near the cottage and traveling to and from school. Parents and their older offspring read popular religious journals, found in most homes, many of the articles in which deal with sexual morality of the Irish Catholic variety.

One sociologist (Berger 1963: 66-92) classifies social control methods as those which involve physical violence or its threat (e.g., political and legal sanctions), those which result in [illegible]ic pressures (e.g., occupation and market place relations), and, finally, those which